

**Sunday, May 17, 2020**  
**Christ is Risen! Truly He is Risen!**  
**5<sup>th</sup> Sunday of Pascha – Sunday of the Samaritan Woman**  
**Andronikos, Apostle of the 70 & Junia the Martyr;**  
**Athanasios of Christianopolis**

**WORSHIP SCHEDULE TODAY:** Orthros: 8:00 a.m. & Divine Liturgy: 9:00 a.m.  
Both services will be live streamed and found on our Ss. Constantine and Helen Facebook Page and You Tube Channel.

**HYMNS FOR THE DAY:** (Found in red hymnal book)

- # 198 – Χριστος Ανεστη/Christ is Risen
- # 4 – Το φαιδρον της Αναστασεως/Having heard the Joyous Resurrection message
- # 206 – Μεσουσης της Εορτης/ Half way to the Feast
- # 134 – Του Σταυρου σου/The sign of the Cross
- # 240 – Ει και ταφω κατηλθεσ/Though in the grave You descended

**READINGS:**     **Orthros Gospel:** John 20:1-10.  
                      **Epistle:** Acts 11:19-30.  
                      **Gospel:** John 4:5-42.

(For further information go to Archdiocese website at: goarch.org or  
The Metropolis of Chicago website at: chicago.goarch.org.)

**THE NICENE CREED & LORD'S PRAYER** are found on pages 52-54 and 71 of your blue service book. Everyone is encouraged to recite them out loud in both Greek & English.

**PRE & POST-COMMUNION PRAYERS:** The Pre-Communion prayers are found on pages 76-80 in your blue service book. The first four will be read in Greek and the next four in English. **Please recite them out loud as a congregation.** The Post-Communion prayers are found on pages 98-100 in Greek and pages 101-102 in English. These should be read by those who have received Holy Communion when they return to their seats.

**COUNCIL CANDLE DUTY:** Chris Paramantgis

**MEMORIALS**

- 40 days Norma (Nomiki) Papacalodoucas   5 years Angeline Bravos
- 6 months Fr. George P. Pappas               5 years Konstantinos Karakozis
- 3 years Theodota Bairaktaris               19 years Mihail Karakozis

**MAY THEIR MEMORY BE ETERNAL!**

**SERVICE SCHEDULE**

Wednesday, May 20<sup>th</sup> – *Great Vespers for the Feast Day of Ss. Constantine and Helen* – 5:00pm.

Thursday, May 21<sup>st</sup> – *Feast Day of Ss. Constantine and Helen* –  
Orthros: 8:30am & Divine Liturgy: 9:00am.

These services will be lived streamed through our Facebook Page and You Tube Channel.

**GRADUATE SUNDAY** is still being planned to be held on Sunday, June 14<sup>th</sup>. We will be announcing the Cathedral, Novak Family, Latos, GOYA and other designated scholarships on this day via live stream. Also our parish will acknowledge the accomplishments of our graduates from high school, college or university who submit their names in to the church office by Sunday, May 31<sup>st</sup>.

**WISDOM OF THE FATHERS:** Tribulations render persons more illustrious both in the presence of God and man, if they know how to bear them with fortitude.

-St. John Chrysostom

**PASCHAL OFFERINGS:** We truly appreciate and thank all that have made a gift to the Church this Easter. If you haven't already made your Easter Offering to our parish, please do so today. Your gift of love will help promote the Gospel of Christ's salvation.

During this time of COVID-19 Pandemic Crisis, your Priests and Parish Council are praying for everyone's good health and well-being. We also ask you to please remember our parish of SS. Constantine and Helen with a generous Easter Offering. Be as generous in your love for Him as He is in His love for you.

Easter Offerings may be mailed to the church office in the envelopes mailed to your homes or made electronically through the Tithe.ly Giving Program. Thank you all and Christos Anesti! Christ is Risen!

**YOUTH MINISTRY UPDATES:** The Metropolis of Chicago Youth Office has announced that the Jr. Olympics scheduled for May and the Fanari Camp Program that was to be held in June and July have been canceled.

**FOOD PANTRY:** The call to remember the hungry and needy of the world is a continuous call by our Lord Jesus Christ. Donations of pasta, spaghetti sauce, peanut butter, canned meats, canned tuna, canned fruits, canned vegetables, dry beans, lentils are all needed. Other things needed are personal hygiene items, shampoo, and toothpaste, cleaning products, hand soap, dish soap, toilet paper and other paper goods. Cash donations are always welcome.

At this time, the Food Pantry will remain open on Fridays from 9:00 a.m.-11:00 a.m. However, instead of our regular parishioner crew working it, volunteers from the Ross Township office will. Anyone 18-40, without any medical conditions who would like to volunteer and work during these times is asked to contact Karen Petalas at the Township Office or Patty Makarounas through the church office.

**JESUS CLOSET UPDATE:** Due to the Coronavirus Pandemic, the shelters we work with in Lake, Porter and LaPorte Counties are no longer accepting donations of clothing, bedding, blankets and other household items. Because of this we are forced to shut down our JC's Closet until further notice. Please do not bring any items to church as they pose a health risk for our workers and staff, and we do not have any proper areas to store these items. Thank you to all who supported this Outreach Ministry, and we look forward to working with you in the near future.

Thank You

Dear Ss. Constantine and Helen Cathedral: On behalf of Masks for NWI Healthcare Workers, we would like to extend our sincerest gratitude for sponsoring our charity's mission.

With your support, we have been able to raise funds and collect materials to donate over 25,000 community-sewn masks to approximately 200 different facilities so far.

Masks for NWI Healthcare Workers was founded at a local level on March 19, 2020. Since then, it has evolved exponentially to help protect local area first responders, hospitals, healthcare organizations, and living facilities across Lake, Porter, and La Porte Counties.

Your generosity will help our goals move forward with protecting our valuable front-line staff, and we would like to express how truly thankful we all are for your sponsorship. We will continue to donate masks to as many public safety and healthcare personnel as possible in the future! Thank you very much! We look forward to your continued support.

Sha-Ron Jackson-Johnson M.D. (Co-Founder) Stephanie Bryant D.O (Co-Founder)  
Mitchell J. Walsh (Director of Operations/Project Development)



**STEWARDSHIP:** Every parishioner should be a supporting member, a steward, of our Cathedral. Everyone should contribute what they can. We all need to have the willingness to make a commitment of faith and to “go on record” as being a believer and a supporter of God’s work through His Church. Since the Coronavirus Pandemic hit, the income of our parish has been cut by 90%. If some of you have not yet returned your 2020 Pledge Form to the church office, please do so without delay. Also, keep current in your payments. Stewardship pledges should be at least one quarter paid as of April. To make giving easier for all our faithful, we have established an online program called [Tithe.ly/give](https://tithe.ly/give). This will allow those who have internet accessibility to continue to make offerings for stewardship payments, candles, Helping Hand, Food Pantry and other donations that help cover the costs of operating our parish with just a click of your computer keys. Read on below and check out the link listed. It is a symbolic profession of faith when we all work together and help our church to better plan for its various financial needs and expenditures. Thank you.

“**Sharing in God’s work...**” (2 Corinthians 6:1) - That is what stewardship is about. The Good Steward empowers the Church for God’s work with his/her energy, time, talents, and money. The Good Steward knows he/she is a partner, sharing in God’s work in the world.

Have you submitted your 2020 pledge to the church? Are you current with your payments? If not, please do so by May 15<sup>th</sup>. Your cooperation is deeply appreciated!

During this difficult situation and time of separation, we are working hard to make sure you can stay connected to your church. Services are being streamed. Bible studies and youth groups are being held on Zoom. And now, you can support the church from your home! Click the following link to access the Cathedral's online giving page. Make sure you select what type of donation you want to make and if you'd like to cover our processing fees. You also have the ability to enter your stewardship number (listed on your stewardship envelopes) which would help our office a ton!

<https://tithe.ly/give?c=1385847>

**MEMORIAL DAY CEMETERY VISIT UPDATE:** Due to the COVID –19 Pandemic we have been informed by Calumet Park Cemetery and Ridgeland Cemetery that we will not be able to have our usual blessings of graves on Memorial Day, Monday, May 25, 2020. This is because of the restrictions that the cemeteries have in regards to people gathering in large numbers for the health and safety of the public and the cemetery employees.

If you would like to, you may submit names of your beloved deceased family members to the church office to be commemorated on the Saturday of Souls, June 6, 2020. Names may be submitted (written clearly in English or Greek) with a donation for the poor and sent to the church office no later than Friday, June 5, 2020. No kolyva, prosphoron, wine or olive oil should be given. The Memorial Service for the dead will be offered following the Liturgy for the Saturday of Souls, which will be lived streamed, beginning at 9:00am. If you have any questions, please contact Fr. Ted at the church office.

**CHURCH HUMOR:** A pastor was due to preach one Sunday when the weather was exceptionally bad. “I can’t see what the preacher will find to be thankful to the Lord this morning,” said one of the women of the congregation on the way into the church. But the pastor apparently had no trouble coming up with the proper prayer. He began, “We thank Thee, Lord that it is not always like this.”



**TODAY’S GOSPEL LESSON:** The Samaritan woman Jesus met at the well probably was not there because she wanted to be. She was doing her chores, one of which was drawing water. She and her family needed water: drinking, cooking, cleaning and bathing all depended on it. But getting it – over and over – perhaps several time a day, carrying heavy jugs, that was work.

We may have similar feelings about our relationship with God. No one would dispute the benefits of a healthy spiritual life; it is as basic as water. But we may believe that our relationship with God requires a lot of work. We may feel that our spiritual labors are heavy and tiresome. We may think that this burden rests entirely on our shoulders.

When Jesus encounters the woman at the well, He speaks of a new sort of water: living water, water that quenches thirst permanently. The woman takes His words literally, hoping that this magical new water can spare her from one of her daily chores. She requests that Jesus give “**this water, that I may not thirst, nor come here to draw**” (John 4:15).

The water Jesus speaks of quenches a thirst far more profound than what the woman suggest. Like the Samaritan woman, we spend much time and energy searching for something essential to give our lives meaning. Often we make mistakes in the process. Our Lord invites us to a simpler, more fulfilling way of quenching our thirst. He bids us to come and drink the water He brings.

This water is offered not at a well where we must labor to haul it up and carry it home. In fact, this living water comes to us as a gift. For at Baptism, God comes to dwell within us. The gift of Jesus to those who will receive it is “**in him a fountain of water springing up into everlasting life**” (John 4:14).



**THE FIRST EVANGELIST:** The story of the Samaritan Woman was told to us today in the Gospel lesson. While passing through the town of Sychar, Christ is weary from His journey and sits at the town well while His Disciples go into the city to buy food. He strikes up a conversation with a woman and before their verbal exchange is completed, she fully understands that she is speaking to the Messiah: the One Who can offer her "living water."

The tradition of the Holy Orthodox Church is that this Samaritan Woman, later baptized and given the name "Photini" (meaning "the enlightened one"), was the first person to evangelize, or spread the news about Christ. This is based on the words of John 4:39: "**And many of the Samaritans of that city believed in Him because of the word of the woman who testified: ‘He told me all that I had ever done.’**” Along with her two sons and five daughters, Photini went to Carthage, where she preached the Good News of Christ's Resurrection. They were soon arrested and taken to Rome, where the Emperor Nero placed the men in prison and had Photini and her daughters enslaved in his imperial court. Photini and her family were tortured relentlessly by the ruthless ruler. Still, their faith never wavered, and their examples caused others to convert to Christianity as well. Eventually, Photini and her children were all martyred. Ironically, Photini met her end by being thrown down a well, refusing until her dying breath to renounce the Savior she had met at a well many years before.

The Greek Orthodox Church commemorates St. Photini's memory today on the Sunday of the Samaritan Woman, as well as on February 26<sup>th</sup>, the day of her martyrdom.

**THOUGHT:** You first must be a believer, if you would be an achiever.