

Sunday, November 1, 2020

5th Sunday of Luke

Kosmas and Damian the Holy Unmercenaries and their mother Theodota;

WORSHIP SCHEDULE TODAY: Orthros: 8:00 a.m. & Divine Liturgy: 9:00 a.m.

The church will be opened to the first 175 parishioners who have phoned into the church this past week and registered to attend worship (please review church protocols). This service will be live streamed and found on our Ss. Constantine and Helen Facebook Page and You Tube Channel.

HYMNS FOR THE DAY: (Found in red hymnal book)

- # 4 – Το φαιδρον της Αναστασεως κηρυγμα/Hearing the joyous resurrection message
- # 48 – Αγιου Αναργυροι και θαυματουργοι/Holy Unmercenaries and Wonderworkers
- # 134 – Του Σταυρου σου τον τυπον/The sign of the Cross in the sky
- # 218 – Προστασια των Χριστιανων/O Protection of the Christians#

READINGS:

Orthros Gospel: John 21:1-14.

Epistle: 1 Corinthians 12:27-31, 13:1-8.

Gospel: Luke 16:19-31.

(For further information go to Archdiocese website at: goarch.org or
The Metropolis of Chicago website at: chicago.goarch.org.)

THE NICENE CREED & LORD'S PRAYER are found on pages 52-54 and 71 of your blue service book. Everyone is encouraged to recite them out loud in both Greek & English.

PRE & POST-COMMUNION PRAYERS: The Pre-Communion prayers are found on pages 76-80 in your blue service book. The first four will be read in Greek and the next four in English. **Please recite them out loud as a congregation.** The Post-Communion prayers are found on pages 98-100 in Greek and pages 101-102 in English. These should be read by those who have received Holy Communion when they return to their seats.

COUNCIL CANDLE DUTY: Bill Logothetis & ALL Parish Council members and volunteers.

MEMORIALS

40 days	Artemis Panayi	34 yrs.	Eleni Vasos
3 mons.	Themelina (Deanna) Paras	36 yrs.	Vasilios Maniatis
1 year	Eleni Gemelas	36 yrs.	Efrosini Nickolaidis
5 yrs.	Thanasis Mantelos	39 yrs.	Kostantina Mehas
9 yrs.	Angie Mehas	39 yrs.	Sophia Delardes
12 yrs.	Krysoula Mehas	39 yrs.	Vasilia Hazis
13 yrs.	Evangelia Maniatis	40 yrs.	Theodore Hatzis
26 yrs.	John Franke	49 yrs.	George Mehas
34 yrs.	Kostantinos Mehas	69 yrs.	Ioannis Nickolaidis

All PHILOPTOCHOS Members of Blessed Memory.

MAY THEIR MEMORY BE ETERNAL!

GENERAL ASSEMBLY UPDATE: Due to lack of quorum for last week's scheduled General Assembly we will be following the By-Laws of our Parish and hold one today following worship. Everyone in good standing (financially & spiritually) may speak and vote and the motions brought up at today's assembly. FYI no quorum is needed following our By-Laws.

GOYA FUND RAISER: Due to the pandemic, we were unable to host our annual Family Fun Night. In an attempt to raise funds for our GOYA scholarship program, we are selling Ss. Constantine and Helen Spirit Wear! For details or to place an order call Kevy Paviadakos at 219-331-3119. Last day for orders is Monday, November 23rd.

PHILOPTOCHOS SUNDAY will be held today. On this day we honor and remember all the achievements and works of our St. Helen's Philoptochos Society. An Artoklasia Service will be offered at the conclusion of the Orthros for all our living Philoptochos members and a Memorial Service will be offered at the conclusion of the Divine Liturgy for those members who have fallen asleep in the Lord. Also on this day, a special prayer will be offered for our Philoptochos members and an extra tray will be passed in support of the hospitals, nursing homes and philanthropic agencies of our Ecumenical Patriarchate. Following worship, a special coffee fellowship will be offered in honor of Philoptochos. Everyone is encouraged to attend and offer a prayer for this group of hard working ladies who are obedient in the work of the Lord.

SUNDAY SCHOOL UPDATE: Registration for the November Faith Box begins today! Sign up at tinyurl.com/novfaithbox.

Each month, families will have the opportunity to register to receive a box packed with activities, readings, discussion questions and games for the whole family! Families can pick up their box after church on Sunday or during the week and complete the different elements at their own pace. That way, everybody can have a few no-stress, faith-centered family nights each month focused on a particular Christian virtue. Just open the box, and the work is done! After the boxes have been distributed, we will have a live virtual workshop on the virtue of the month.

YOUTH MEETINGS: Our HOPE, JOY, Jr. GOYA & GOYA groups will meet on Monday, November 2nd, 6:30 p.m. in the school wing.

JR. GOYA PILLOW & BLANKET DRIVE: Once again this year, our Jr. GOYA will be collecting new pillows and new blankets to donate to the local homeless and domestic abuse shelters of our area. Items needed are: new twin/full/queen blankets and standard pillow sizes. Donations may be brought to the church office by November 15th.

GOYA COAT DRIVE: GOYA will be collecting new and gently used coats for children, teens, young adults, women and men, sizes 3T-3X. Collection begins October 1st through November 15th. Coats can be dropped off in the church office or in the Narthex of the Cathedral.

PHILOPTOCHOS NEWS: Next meeting - Monday, November 9th, 6:00 p.m. in the Gold Room.

PHILOPTOCHOS MEMBERSHIP: Philoptochos needs YOU to fulfill its mission! You can support Philoptochos either as an active member or as a supportive member. For those too busy to attend a monthly meeting or to be involved in any of its ministries or activities, your yearly \$30 or more membership is a meaningful way to participate and offer your assistance. Help us to help others by becoming a member of the largest Christian women's philanthropic organization in America!

THE PHILOPTOCHOS CHRISTMAS BAKE SALE will take place on Saturday, December 12th and Sunday, December 13th. Preorders are now being accepted. For details, see Frances Klimis.

FALL MINI GREEK FEST: The Fall Mini Greek Food Fest will be held Friday, November 6th, Saturday, November 7th (11am-8pm) & Sunday, November 8th (12-6pm).

Volunteers are needed to help organize, serve, cook, bake and clean up afterwards. To offer your assistance and for more details, see Elias Ploutis or Dora Adams.

The Fall Mini Fest is almost here, and everyone should have received their menu in the mail. Please check it out and decide what days you'll come and what delicious food to order. Call 219-796-0105 to pre-order or if you have any questions. We all need to come out and support the Fall Mini Fest for the benefit of our Cathedral.

THOUGHT: The soul without prayer is like lungs without air.

**ATTENTION FAITHFUL MEMBERS OF SAINTS
CONSTANTINE AND HELEN CATHEDRAL**

**OUTLINE OF SAFETY PROTOCOLS
BEFORE ATTENDING CHURCH**

- The church (or areas used for worship) will be sanitized before each service.
- The church will only be allowed to hold as many people (200) as can maintain social distancing (6 feet distance).
- Due to the limited seating available, every person who is planning on attending worship services will need to register through the church office (219-769-2481) between 11am-1pm, Monday through Friday. Registration will be on a first-come, first-served basis. This will allow us to ensure that we can accommodate everyone. Those who come to church without registering will not be allowed to enter.
- According to the directives of the Metropolis of Chicago, the high-risk population and those caring for them should not attend services. Our parish will be using a system of self-reporting. We will not be verifying your age or medical history at the door.
- Those who have tested positive for COVID-19, or who are in the same household as someone positive for COVID-19, or who are feeling sick should not attend services.
- Worship Services will continue to be lived streamed on our Cathedral's Facebook Page and You Tube Channel for those who cannot or may not feel safe to attend.

COMING TO CHURCH

- Every person attending worship will need to check in upon arrival at the designated area in the Exo-Narthex. There will be a brief screening process (verbal questions and a temperature check) at the sign-in table.
- Every attendee will need to wear masks (you must provide your own mask) at all times while they are in the physical area of worship, except when receiving Holy Communion. The only exception will children under the age of 2.
- Use non-contact greetings (waving, a bowing of the head) with fellow parishioners instead of the traditional hugging, kissing or shaking of hands. Social distancing must be maintained. No walking about the church proper to greet, talk or visit with one another.

IN THE CHURCH

- There will be hand sanitizer stations at the entry of the church, at the candle stands, at the entry into the Nave, and at the Solea.
- There will be no veneration (kissing) of icons, sacred objects, or the priest's hand.
- Parish Council members will distribute candles for the faithful to light, as well as place the 3-hour votives and 5-day red votives in there designated areas of the church. After lighting candles you will be asked to sanitize your hands before entering the Nave of the church.
- No paper bulletins, monthly newsletters or other items will be distributed to those attending worship.
- Due to the need to socially distance, a Parish Council member or a designated usher will escort you to your seat. Please do not insist on sitting in "your spot," as the Parish Council's only concern will be in maintaining social distancing to maximize safety.
- Every other pew will be available for seating with six feet in between each worshiper. People living in the same household can sit together.
- There will be no liturgical books in the pews.
- Holy Communion will be distributed at the conclusion of the Divine Liturgy. The Parish Council will direct people to approach the Chalice and observe social distancing. Sanitize your hands before approaching the Chalice (sanitizer stations will be available on the Solea).

- After receiving Holy Communion, families will depart directly from the side doors and go to their cars to return home. Please do not congregate in the parking lot.
- The church and other worship areas will be sanitized again after services conclude.

**Please remember: It is YOUR CHOICE whether to ATTEND CHURCH or not.
It is YOUR CHOICE whether to RECEIVE Holy Communion or not.
DO NOT BE JUDGMENTAL of those who do or don't.**



ANNUAL FESTIVAL RAFFLE: 4000 RAFFLE TICKETS have been distributed to our parishioners and super sales people. Cost per Raffle Ticket is \$25 for prizes totaling \$10,000 — 1st Prize: \$5,000, 2nd Prize: \$2,000, 3rd Prize: \$1,000.

The fourth Early Bird drawing was held on Sunday, October 18th, and the \$250 winner was: Ticket #3368 – Dean Christie. Congratulations to Dean, and thank you to all who have purchased tickets.

Please note that it is the Raffle that brings in the greatest profit for our Festival and guarantees financial success. That is why it is very important we make every effort to sell or buy our tickets. It is truly amazing what can be accomplished if we only try.

All unsold tickets, ticket stubs and money collected are to be returned to the church office no later than Friday, November 6th. Your cooperation in this matter is truly appreciated!

LAMB DONATIONS are being accepted for our Greek Food Fall Fest to help cover the expenses of this event. If you would like to make a donation (\$100 for a whole lamb; \$60 for a half lamb), please mail your check to or stop by the church office Monday-Friday, 9:00am-3:00pm. You can also make your donation by using the tithe.ly app at <https://tithe.ly/give?c=1385847>

HOLY UNCTION SERVICE: To commemorate the start of Advent Season (Nativity Fast), we will be celebrating the Sacrament of Holy Unction on Monday, November 16th, 5:00 p.m. in the Cathedral. We encourage all the faithful of our community to attend this service on this day, so that we may all receive the blessings of our Lord and Savior Jesus Christ through the anointing of the Holy Oil for both physical and spiritual ailments. Holy Oil from the Church of the Nativity in Bethlehem will be used in the service.

PARISH COUNCIL OPENINGS: There are two open seats available for the Parish Council. Any parishioner 18 years or older in good standing with the church (canonically & financially) is welcomed to submit their name, co-sponsored by two parishioners, to Fr. Ted at the church office. We have been asking for months for our parishioners to help, and yet no one has responded! Please, for the love of our Lord and His Holy Church, won't someone give of their time and talent?

CHUCKLE: A dad said to his daughter's boyfriend, "The man who marries my daughter will get a prize," "Okay," said the boy, "but let me see the prize first."

STEWARDSHIP NEWS: November has been designated as "Stewardship Month" in our parish. You will be receiving your 2021 Stewardship materials by mail during the first part of November. Please begin to pray about your yearly commitment of support and discuss year 2021 pledge with your family. Remember, we need everyone to raise their pledge by \$240 (\$20 a month) to meet our budget and its rising expenses.

To date, we have received a little over \$322,000. As you can see, this sum is short of \$375,000 that has been pledged, as well as being far below the \$550,000 that is needed from Stewardship to balance the budget. Please continue to generously support our parish through the Stewardship Program.

Every parishioner should be a supporting member, a steward, of our Cathedral. Everyone should contribute what they can. We all need to have the willingness to make a commitment of faith and to "go on record" as being a believer and a supporter of God's work through His Church. Since the Coronavirus Pandemic hit, the income of our parish has been cut by 90% (loss of revenue from worship services, especially Holy Week and Easter, no Annual Summer Greek Fest just to name some). To make giving easier for all our faithful, we have established an online program called [Tithe.ly/give](https://tithe.ly/give). This will allow those who have internet accessibility to continue to make offerings for stewardship payments, candles, Helping Hand, Food Pantry and other donations that help cover the costs of operating our parish with just a click of your computer keys. Look below and check out the link listed. It is a profession of faith when we all work together and help our church to better plan for its various financial needs and expenditures. Thank you!

<https://tithe.ly/give?c=1385847>

PHILANTHROPY MONTH: Each year, our Cathedral continues to advance the cause of outreach programs to our local community. We as individuals and as a church have the capabilities to continue making a difference in the lives of others. Acts of love, mercy, and compassion really help those who are in need move toward physical, emotional, and spiritual wholeness in such a broken world. Here's how we can help:

Love & Care Drive: We will be collecting mittens, gloves, hats, and scarfs for the needy children of our area. Let us show others our love and care by bringing in something warm to wear. Donated items may be brought to the church office from Sunday, November 1st, to Sunday, December 13th.

Kids 4 Kids Toy Drive: We will begin collecting new toys for the disadvantage children and teens in our local area from Sunday, November 1st, to Sunday, December 13th. Once again, we are requesting new, clean, non-violent toys. Please **NO** Stuffed Animals. The toys may be brought on Sundays and placed in the bin, which is located in the entrance of the Cathedral or dropped off at the church office during the week.

Food Pantry: At this time, the Food Pantry will remain open on Fridays from 9:00 a.m.-11:00 a.m. However, instead of our regular parishioner crew working it, volunteers from the Ross Township office will. Anyone 18-40 without any medical conditions who would like to volunteer during these times is asked to contact Karen Petalas at the Township Office or Patty Makarounas through the church office.

Harvest for the Hungry: Since 2004, Harvest for the Hungry has been able to provide Thanksgiving meals and groceries to almost 50,000 families thanks to the generosity of so many parishioners and countless volunteers of our community. Due to the current COVID-19 crisis, the need is greater than ever, and we need at least \$8,000 to feed families in need. No donation is too small! If you are able to donate, there are a couple of ways you can help: (1) Donations may be made directly, either by mail or in person, through the church office. Checks may be made payable to Ss. Constantine and Helen with Harvest for the Hungry in the memo; (2) Donations can be made on [Tithe.ly](https://tithe.ly) app or by visiting the [Tithe.ly](https://tithe.ly) website. Choose the amount you would like to give. In the TO section, search for Harvest for the Hungry. Complete the credit card/banking/apple pay information.

Please note: With the current CDC and Lake County Health Department restrictions and guidelines, volunteers will be limited this year. More details to follow.

TODAY'S GOSPEL: The Parable of Lazarus and the Rich Man is instrumental in understanding our faith. In it Christ tells all of a rich man who had everything he could desire, and of the poor beggar Lazarus, who had nothing. The time came where they both died, and because Lazarus had such hardships in life, and was humbled the angels took him to Abraham's bosom, and the rich man was thrown into the depths of hell. The main part of this parable deals with the dialogue between Abraham and the rich man. What we see is Christ warning us that our actions in life will ultimately determine where we will spend eternity. The rich man did not go to hell because he was rich, but rather because of the hardness of his heart towards his fellow man. For years Lazarus was at the rich man's gate but not once did the rich man even acknowledge Lazarus's presence, let alone give anything to this suffering servant of God. Thus Lazarus went to heaven because of the great humility that he gained through the hardships of his life. Never once cursing God for his unfortunate situation. Let us all strive to be like the poor man, and keep our eyes open, and always be willing to help our fellow man.

SAINTS OF THE DAY - TWO PHYSICIANS AND SERVANTS OF CHRIST: One of the concerns in the medical community of our day is unique relationship between doctor and patient. There has been a consistent need voiced by people for a more personal contact. People want to be treated as persons and not as numbers.

In the lives of two brothers of the 4th century, Cosmas & Damian, we find that unique quality of personal concern and care, of empathy, so desired today. They were physicians, but they were also dedicated, pious Christians. Perhaps it was precisely this combination of medicine and faith that produced these remarkable saints of the early Church. They were termed "wonderworkers" for the marvelous feats of help and healing of the rich and poor; they were called "unmercenaries" since they accepted no payment for their ministry; and they were listed as "martyrs" because they died rather than deny their faith in Jesus Christ when brought before rulers of the old Roman Empire during persecutions by Diocletian. (There are others bearing the same names among the lists of Saints in the Church.)

These days, when such a cry is heard for social service, for the cause of the poor, the homeless, the hungry, and the sick, what a joy it is to honor these brothers who were filled with love for Christ and people, and who offered their skills, their care, and ultimately their lives in Christian service.

THREE WORDS: The three words that are important in our family in Christ are: **FORGIVE, GIVE, and LIVE.**

FORGIVE – the mistakes and sins of others as you wish our Lord to forgive you your sins and mistakes.

GIVE – with all our hearts and minds to the best of our ability and capability.

LIVE – in the spirit of love, peace and understanding of our Lord and Savior as one body of Christ living to achieve oneness with God and eternal life.

FROM GOD'S WORD: The righteous will then answer him, "When Lord, did we ever see you hungry and feed you, or thirsty and give you drink?".... Then the King replied, "I tell you, whenever you did this for one of the least important of these brothers of mine, you did it for me!" (Matthew 25:37-40)

CHURCH FATHERS SPEAK: He who prays should bear in mind that if God spared not even his only-begotten Son but have him for us all, He cannot but give us every imaginable blessing. For if the infinite and greatest blessing has been given, then will not the finite and lesser blessings also be granted?
-St. John of Kronstadt

THOUGHT: Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Let the day's own trouble be sufficient for the day.

DEMOCRACY is a system that gives people a chance to elect rascals of their own choosing. Tuesday, November 3rd is Election Day – don't forget to vote!!!